

# July 2025

June '25							August '25						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7							1
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30

716-575-3720 - If no answer, please Leave messaeg (name, #, reason). We work and attend school, we will return your call asap.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1 Traditional Isshin Ryu Young Dragons 5-8 5:30pm 30 min Adults & Kids 9+ 6pm 1hr	2 <a href="#">Book online day before</a> Traditional Isshin Ryu Kids 8-15 11am-12pm 16 + Mid-day 12pm 1 hr Adults & Kids 9+ Evening 6pm 1 hr	3	4	5
6 Private Lesson 10:30-12pm Booked	7 Traditional Isshin Ryu Young Dragons 5-8 5:45pm 30 min Adults & Kids 9+ 6:15 1hr Weapons 7.15 30min	8 Traditional Isshin Ryu Young Dragons 5-8 5:30pm 30 min Adults & Kids 9+ 6pm 1hr	9 <a href="#">Book online day before</a> Traditional Isshin Ryu Kids 8-15 11am-12pm 16 + Mid-day 12pm 1 hr Adults & Kids 9+ Evening 6pm 1 hr	10	11	12 <a href="#">Book Online the day before</a>  <b>Check off Day</b> 10:30 am 10-9Kyu 11am am 8-7Kyu 11:45 am 6-4Kyu 12:30 am 3-1Kyu
13	14 Traditional Isshin Ryu Young Dragons 5-8 5:45pm 30 min Adults & Kids 9+ 6:15 1hr Weapons 7.15 30min	15 Traditional Isshin Ryu Young Dragons 5-8 5:30pm 30 min Adults & Kids 9+ 6pm 1hr	16 <a href="#">Book online day before</a> Traditional Isshin Ryu Kids 8-15 11am-12pm 16 + Mid-day 12pm 1 hr Adults & Kids 9+ Evening 6pm 1 hr	17	18	19
20 Private Lesson 10:30-12pm Booked	21 Traditional Isshin Ryu Young Dragons 5-8 5:45pm 30 min Adults & Kids 9+ 6:15 1hr Weapons 7.15 30min	22 Traditional Isshin Ryu Young Dragons 5-8 5:30pm 30 min Adults & Kids 9+ 6pm 1hr	23 <a href="#">Book online day before</a> Traditional Isshin Ryu Kids 8-15 11am-12pm 16 + Mid-day 12pm 1 hr Adults & Kids 9+ Evening 6pm 1 hr	24	25	26 <a href="#">Book Online the day before</a>  <b>Check off Day</b> 10:30 am 10-9Kyu 11am am 8-7Kyu 11:45 am 6-4Kyu 12:30 am 3-1Kyu
27 Private Lesson 10:30-12pm Booked	28 Traditional Isshin Ryu Young Dragons 5-8 5:45pm 30 min Adults & Kids 9+ 6:15 1hr Weapons 7.15 30min	29 Traditional Isshin Ryu Young Dragons 5-8 5:30pm 30 min Adults & Kids 9+ 6pm 1hr	30 <a href="#">Book online day before</a> Traditional Isshin Ryu Kids 8-15 11am-12pm 16 + Mid-day 12pm 1 hr Adults & Kids 9+ Evening 6pm 1 hr	31	1	2
3 Private Lesson 10:30-12pm Booked	4 Traditional Isshin Ryu Young Dragons 5-8 5:45pm 30 min Adults & Kids 9+ 6:15 1hr Weapons 7.15 30min	<p><b>Students must book to attend Wednesday Thursday Friday and Saturday Session <u>by 10pm the prior day</u></b></p> <p><b>Note that in the Spaces App at the OneStrikeBuffalo Community group you can view if anyone has booked already.</b></p> <p><b>Attendance requirement to participate in tournament this Fall: YD attend 5 or more regular classes monthly / Kids &amp; adults 9+ attend 9 or more regular classes monthly. Tournament Prep Sessions begin in August. Sensei's will evaluate and determine if each student is ready to compete in their division during the Aug Tournament prep classes.</b></p> <p><b>A 10% LATE FEE WILL BE CHARGED FOR ANY INVOICE PAID 10 OR MORE DAYS PAST DUE DATE</b></p>				