

## Karate Numbers

- One - Ichi
- Two - Ni
- Three - San
- Four - Shi
- Five - Go
- Six - Roku
- Seven - Shichi
- Eight - Hachi
- Nine - Kyu
- Ten - Juu
- Eleven - Juu Ichi
- Twelve - Juu Ni
- Thirteen - Juu San
- Fourteen - Juu Shi
- Fifteen - Juu Go
- Sixteen - Juu Roku
- Seventeen - Juu Shichi
- Eighteen - Juu Hachi
- Nineteen - Juu Kyu
- Twenty - Ni Juu
- Thirty - San Juu
- Forty - Shi Juu
- Fifty - Go Juu
- Hundred - Hyaku
- Two Hundred - Ni Hyaku
- Thousand - Sen

## Karate Terms:

1. Attention - Kiotsuke (sounds like Key-oh-zoo-kay)
2. Back - Ushiro (sounds like Oo-she-row)
3. Basic - Kihon (sounds like Key-hon)
4. Begin/Start - Hajime (sounds like Ha-gee-may)
5. Belt - Obi (sounds like Oh-bee)
6. Block - Uke (sounds like Oo-kay)
7. Bow - Rei (sounds like Ray)
8. Elbow - Empi or Enpi (sounds like En-pee or Em-pee)

9. Elbow Strike - Empi-Uchi
10. Foot - Ashi (sounds like Ah-she)
11. Form or Pattern - [Kata](#) (sounds like Ka-ta)
12. Form (Kata) Technique Application - [Bunkai](#) (sounds like Boon-kay)
13. Goodbye - Sayonara (sounds like Sa-yoh-na-rah)
14. Hand - Te (sound like Tay)
15. Kick - Geri or Keri (sounds like Geh-ree or Keh-ree)
16. Knee - Hiza (sounds like He-zah)
17. Knife Hand - Shuto (sounds like Shoe-toe)
18. Left - Hidari (sounds like Hee-da-ree)
19. Low (Level) - Gedan (sounds like Geh-dan)
20. Middle (Level) - Chudan (sounds like Choo-dan)
21. No Mind (State of "No Mind") - [Mushin](#)
22. Please - Dozo (sounds like Doe-zoh)
23. Punch - Tsuki or Zuki (sounds like Zoo-key)
24. Push On Through Difficulties - Oss or Osu.

This term used in many different ways and is often used by Karate students for "Thank you", "I understand", etc. Oss (Osu) is a kind of respectful catch-all phrase.

25. Right - Migi (sounds like Mee-gee)
26. Senior Student (often assists instructing) -

- Senpai or Sempai (sounds like Sen-pie)
27. School (Martial Arts) - Dojo (sounds like Doe-Joe)
28. Side - Yoko (sounds like Yoh-koh)
29. Shout or Yell - Kiai (sounds like Key-eye)
30. Sparring - Kumite (sounds like Coo-meh-tay)
31. Stance - Dachi (sounds like Dah-chee)
32. Stop - Yame (sounds like Yah-may)
33. Strike - Uchi (sounds like Oo-chee)
34. Teacher/Instructor - Sensei (sounds like Sen-say)
35. Technique - Waza (sounds like Waa-Zaa)
36. Thank You very much (Formal) - Domo Arigato (sounds like Doe-moe Ah-ree-gah-toe)
37. Uniform - Gi (sounds like Ghee)
38. Upper (Level) - Jodan (sounds like Joe-dan)
39. Yes - Hai (sounds like Hi)